



PSHE Curriculum



Year 3	Year 4	Year 5	Year 6
<p>We're all stars!</p> <p>To develop a class charter</p> <p>To understand the meaning of gifts and talents</p> <p>To explore feelings</p> <p>To work cooperatively in a group and to understand how to have a happy playtime</p>	<p>It's our world</p> <p>To devise a class charter</p> <p>To understand how laws are made</p> <p>To know ways of saving energy</p> <p>To develop an awareness of climate change</p>	<p>We're all stars!</p> <p>To devise a class charter</p> <p>To identify personal gifts and talents</p> <p>To explore feelings when starting something new</p> <p>To develop ideas cooperatively and use a range of communication skills</p> <p>To understand what a role model is</p>	<p>It's our world</p> <p>To devise a class charter</p> <p>To understand how democracy works</p> <p>To develop environmental awareness and responsibility</p> <p>To develop an awareness of climate change</p>
<p>Be Friendly, Be Wise</p> <p>To understand the importance of friends (online&offline) and to find a solution when we fall out with a friend</p> <p>To develop strategies to stay calm when angry</p> <p>To develop strategies to prevent bullying</p> <p>To know what to do in an emergency and how to keep safe on the internet</p>	<p>Hugs Not Drugs</p> <p>To learn how a cigarette can be harmful to the body - short and long term effects</p> <p>To understand why people may smoke</p> <p>To understand what second hand smoke is and why it can be harmful</p> <p>To learn how to resist the unhelpful pressure to smoke</p>	<p>Be Friendly, Be Wise</p> <p>To understand there are different types of friendship</p> <p>To develop conflict resolution strategies and manage anger successfully</p> <p>To develop strategies to prevent bullying</p> <p>To understand the principles of First Aid and E-Safety</p>	<p>Hugs Not Drugs</p> <p>To further their understanding of the effects and harms of various substances</p> <p>To learn about the various laws which apply to controlled substances</p> <p>To understand that, even though certain drugs are legal, it doesn't mean they are safe</p> <p>To expand knowledge of the effects of different substances and who can offer support if a young person has a substance related problem</p>
<p>RSE</p> <p>To recognise reasons for their own feelings and the feelings of others and know how to deal with negative feelings</p> <p>To understand the qualities/skills needed to maintain good relationships and know how to deal with friendship problems</p> <p>To understand how to identify bullying and know what to do in bullying situations</p> <p>To identify dangers and risks in different situations</p>	<p>Money Matters</p> <p>To be able to keep track of personal money</p> <p>To know how to pay for goods</p> <p>To know what makes up family expenses and how to plan to a budget</p> <p>To understand what a charity does and to set a simple fund-raising goal</p>	<p>RSE</p> <p>To know ways of dealing with other peoples feelings in different situations</p> <p>To value and respect diversity of lifestyle and choices and to know ways to support their friends</p> <p>To identify safe and unsafe people and know where to go for help</p> <p>To know how a girls and boys body changes during puberty</p>	<p>Money Matters</p> <p>To understand how money can be earned</p> <p>To appreciate what value for money means</p> <p>To understand how lending and borrowing money works</p> <p>To appreciate inequalities around the world</p>
<p>Daring to be different</p> <p>To recognise similarities and differences</p> <p>To know how to feel good about yourself in difficult situations</p> <p>To know what a surprised feeling looks/feels like</p> <p>To be able to recognise hopeful and disappointed feelings</p>	<p>Who likes chocolate?</p> <p>To understand what the real cost of chocolate can be</p> <p>To understand the principles behind fair trade</p> <p>To understand the potential influence of consumer power</p> <p>To understand how the media presents information</p>	<p>Daring to be different</p> <p>To understand and respect others' opinions</p> <p>To know how to agree or disagree with reasoning</p> <p>To recognise and appreciate risky choices</p> <p>To be able to stand up for oneself and not always follow the crowd</p>	<p>Who likes chocolate?</p> <p>To be able to identify rich and poor nations around the world</p> <p>To appreciate trade links across the world</p> <p>To understand the concept of global footprints</p> <p>To understand why some people are hungry around the world</p>

<p>Dear Diary</p> <p>To know where to go for help (online/offline)</p> <p>To understand what taking responsibility means</p> <p>To know how to make wise choices</p> <p>To appreciate the feelings of loss and ways we can deal with worry</p>	<p>People around us</p> <p>To recognise there are similarities and differences between people</p> <p>To explore how we are all connected</p> <p>To understand how to work cooperatively</p> <p>To recognise and challenge prejudice and explore gender stereotypes</p>	<p>Dear Diary</p> <p>To know where to go for help (online/offline)</p> <p>To know some ways of managing uncomfortable feelings</p> <p>To understand the impact of a boost-up or put-down</p> <p>To understand that sometimes friendships end</p>	<p>People around us</p> <p>To explore a range of identities in the UK</p> <p>To understand there are different types of relationships</p> <p>To consider stereotyping and judgement</p> <p>To understand ways of dealing with or ending friendships (online/offline)</p>
<p>Joining in and joining up</p> <p>To be aware of a range of jobs at home and in school</p> <p>To understand the role of the local council</p> <p>To understand the process of voting and debating</p> <p>To recognise that individuals can influence what happens in the school and the community</p>	<p>RSE</p> <p>To recognise how they feel about other peoples actions and know how their feelings and reactions can affect others</p> <p>Identify positive things about themselves and others</p> <p>To know what is important in a family and identify what families give to them</p> <p>To understand the nature of relationships and respect other peoples point of view and to recognise and resist unwanted influence and pressure</p>	<p>Joining in and joining up</p> <p>To be aware of anti-social behaviour and the consequences of crime</p> <p>To know why we need rules and laws</p> <p>To be aware of the legal system and local courts</p> <p>To understand the process of voting and debating and to have a say in the school community</p>	<p>RSE</p> <p>To understand that body language shows others how we feel</p> <p>To know they may experience feelings that they cannot explain and identify ways to control emotions</p> <p>To know some of the laws that protect young people and to develop a range of strategies for keeping safe and resisting peer pressure</p> <p>To recognise feelings of fear and worry associated with change during puberty</p>