



THE WESTON FEDERATION

SEX AND RELATIONSHIPS EDUCATION POLICY

Sex and Relationships Education involves learning about physical, moral and emotional development. It is about the understanding of the importance of, marriage and loving stable relationships, love, care and respect, for family life. It recognises that there are different models for a successful family life. It is also about the teaching of sex and sexuality. It is not about the promotion of sexual orientation or sexual activity. Sex and Relationships Education, both teaching and raising awareness, is a responsibility we share with parents, families and the wider community. The policy is consistent with the school's Statement of Values. Most aspects of Sex and Relationships Education are covered through the National Curriculum subjects of Science and SMSC. Parents do not have the right to withdraw their children from this. Parents do have the right to withdraw their child from sex education delivered by the School Nurse in Year 5 although Senior Leaders will meet with parents on an individual basis to discuss any concerns they may have about the format of this educational activity. Parents will be informed by letter when these sessions will take place.

The programme of study will cover a broad range of topics as part of our balanced curriculum and will be delivered adhering to the following guidance:

- Emotions such as love, joy, anger, fear, hate, trust and respect will be raised and explored.
- All discussions and conversations will be conducted in an atmosphere of mutual respect and understanding of each other's feelings.
- Teachers will use their skill and discretion in addressing difficult questions, taking into account the age, maturity and understanding of individual children.
- Teachers will talk with parents, should there be an issue, which the teacher feels the parents need to know about, or that a parent would wish to know about.
- All visitors, who are invited to help with the delivery of sex and relationship education, will work within the school policy and alongside teaching staff.

The programme of study below outlines possible areas of learning that may be covered in each year group:

Foundation Stage

The 'Development Matters' document is used as a basis for small group PSHE focussed discussions and scenario building. Areas for discussion include; feelings, emotions, family, behaviours, sharing, positive attitudes etc.

Key Stage 1

- Health and Wellbeing
- A healthy lifestyle
- Keeping physically and emotionally safe
- Physical, mental and emotional health and wellbeing
- Risks to physical and emotional health and wellbeing
- Managing change, including lifecycle of the body, transition and loss Relationships
- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Respecting equality and diversity in relationships
- Risky or negative relationships (including all forms of bullying and abuse) and how to ask for help Living in the Wider Worlds with links to British Values
- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- Money (origins, keeping it safe, management and it's importance)

Lower Key Stage 2

- Health and Wellbeing
- Keeping physically and emotionally safe
- Physical, mental and emotional health and wellbeing
- Risks to physical and emotional health and wellbeing
- Making informed choices about health and wellbeing Relationships
- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Risky or negative relationships (including all forms of bullying and abuse) and how to ask for help Living in the Wider Worlds with links to British Values
- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- How money plays an important part in people's lives

Upper Key Stage 2

- Health and Wellbeing
- Managing change, including puberty, transition and loss
- How to respond in an emergency
- Different influences on health and wellbeing Relationships
- Healthy relationships (within a range of social/cultural contexts)
- Emotions within a range of relationships
- Risky or negative relationships (including all forms of bullying and abuse)
- Respecting equality and diversity in relationships Living in the Wider Worlds with links to British Values
- Respect for self and others
- Rights and responsibilities (as members of families, other groups and as citizens)
- Different groups and communities
- Equality and a diverse community
- Respecting and protecting the environment
- How money plays an important part in people's lives

At Weston Infant Academy we follow the Social and Emotional Aspects of Learning (SEAL programme) and relationships are discussed at an age-appropriate level. We also have a trained facilitator for the peer massage programme and peer massage is delivered within the classrooms. Children are taught the importance of asking permission before invading another child's personal space and the need for only positive touch. 'Let's Talk' bags are also used in every classroom to encourage the children to note any worries or concerns that they may have and these are discussed during circle time sessions.

Within the Weston Federation any disclosures that are made are recorded in Safeguarding diaries and appropriate procedures are followed. (Refer to the Child Protection Policy).

During Year 5, boys and girls will have separate talks, followed by the 'puberty plus' talk which will be led by the school nurse and be delivered to the whole year group. Questions concerning homosexuality and contraception will be answered if raised by individuals. Parents will have the opportunity to discuss any issues with their child's class teacher.

Reviewed by Governors –Autumn 2016