







Weston Infants Menu Autumn 2021



Lunch Menu






Week 1 - Mains

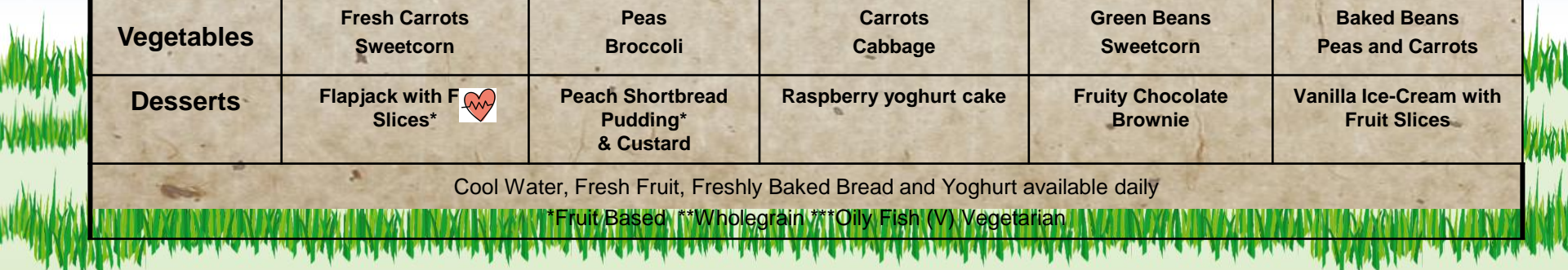
	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Burrito (V) A soft wrap filled with lightly spiced veggies and rice 	Allegra's Chicken Filo Pie with Mashed Potato Light filo pastry, hearty chicken centre	Roast Turkey with Roast Potatoes and Gravy Succulent roast Turkey with fluffy roasties and tasty gravy	Bacon All Day Breakfast with Potato Wedges	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza** (v) Served with Dough Balls	Macaroni Cheese (V) 	Roast Quorn (V) with Roast Potatoes and Gravy 	Quorn Hotdog with Potato Wedges 	Quorn Dippers and Chips (V) Crispy Quorn nuggets with their fav sauce – ketchup
Third Choice	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
Salads	A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad				
Jacket Potato	Jacket Potato With A Choice Of Fillings Jacket Potato with Salmon Mayonnaise *** on Tuesday 				
Vegetables	Fresh Carrots Sweetcorn	Peas Broccoli	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas and Carrots
Desserts	Raspberry Ripple Ice-Cream with Fruit Slices	Secret Brownie	Shortbread Biscuit with Fruit Slices*	Berry & Peach Oaty Crumble* with Custard 	Chocolate Raspberry Swirl Cake
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

Lunch Menu

Week 2 - Mains





	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Veggie Bolognese **(V) Penne pasta in a yummy tomato & Quorn sauce 	Sausage and Mash	Roast Chicken <i>with Roast Potatoes and Gravy</i> Succulent roast chicken with fluffy roasties and tasty gravy	Beef Bolognese** 	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	The Incredible Burger with Potato Wedges (V)	Roast Quorn (V) <i>with Roast Potatoes and Gravy</i>	Veggie Balls in Tomato Sauce with Pasta** 	Quorn Dippers with Chips (V) 
Third Choice	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
Salads	A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Pasta Salad				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Vegetables	Fresh Carrots Sweetcorn	Peas Broccoli	Carrots Cabbage	Green Beans Sweetcorn	Baked Beans Peas and Carrots
Desserts	Flapjack with F Slices* 	Peach Shortbread Pudding* & Custard	Raspberry yoghurt cake	Fruity Chocolate Brownie	Vanilla Ice-Cream with Fruit Slices
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily					
*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



Lunch Menu

Week 3 - Mains



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza* Dough Balls	Allegra's Tuna Ragu with Cheesy Polenta 	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Beef Meatballs in Tomato Sauce Our Famous Meatballs in a tasty Tomato Sauce with Wholemeal Pasta**	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Veggie Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy 	Allegra's Cheesy Peasy Risotto Bake (V) A delicious cheesy risotto	Roast Quorn (V) with Roast Potatoes and Gravy	Veggie Balls In Tomato Sauce with Pasta** (V) 	BBQ Veggie Burger (V) with Chips
Third Choice	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **	Tomato Pasta **
Salads	A Selection of Fresh Salads Including Lettuce, Cucumber, Tomato, Grated Carrot, Coleslaw 				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Vegetables	Peas Carrots	Sweetcorn Broccoli	Carrots Cabbage	Fresh Broccoli Sweetcorn	Baked Beans Peas and Carrots
Desserts	Oatie Biscuit* with Fruit Slices	Pineapple and Peach Crumble with Custard* 	Strawberry Ice Cream with Fruit Slices	Chocolate Sponge Cake	Crispy Snow Bar with Fruit Slices*
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

